



A Mission to **SAVE LIVES**

Enlisting Rescue Horses to Rescue Veterans

H.O.O.V.E.S. is a private, donor-supported charity dedicated to providing fully-funded, 4-day non-clinical healing intensives for veterans across the nation who are seeking recovery from service-connected stress. Our sanctuary offers a safe and supportive environment where veterans can find healing, camaraderie, and a renewed sense of purpose.

Published By

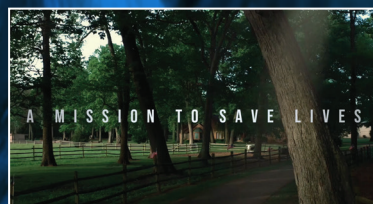
AMANDA HELD Founder

For more information visit:

HOOVES.US



Watch our documentary trailer here!



Click to view video



Scan with your phone

Created for veterans, by a veteran.



Amanda Held, Founder & Executive Director

"Years ago, I struggled with mental health and relied on medication to cope daily until I met a wild Mustang named Shelby. Working with her taught me the power of emotional regulation and healing. I founded H.O.O.V.E.S. to share this with others, especially veterans struggling with PTSD. Through equine therapy, we can save lives."

H.O.O.V.E.S. was created for veterans, by a veteran. Watch the video below to see and hear the amazing story of how this organization became a reality.



Click to view video



Scan with your phone

OUR MISSION

To harness the transformative power of equine healing by enlisting rescued horses to assist veterans in turning their post-traumatic stress into post-traumatic growth.

OUR VISION

To create a world where veterans find profound healing and personal growth through the transformative power of equine therapy. We envision a future where every veteran has access to our programs, and where the bond between rescued horses and veterans becomes a catalyst for positive change.



We thank you for your continued support!

Peer Led. Family Focused. Sustainable Impact.



OUR VALUES ...

COMPASSION

Show empathy, understanding, and care for the challenges faced by veterans.

INTEGRITY

Conduct all activities with honesty, transparency, and ethical behavior.

RESPECT

Treat veterans, volunteers, and partners with dignity, respect, and inclusivity.

EXCELLENCE

Strive for excellence in program delivery, equine care, and organizational practices.

EMPOWERMENT

Empower veterans to take an active role in their healing journey, fostering their independence and personal growth.

INNOVATION

Embrace creativity, adaptability, and innovation to continuously improve and expand the impact of equine therapy.

STEWARDSHIP

Responsibly manage resources, including finances and equine welfare, to ensure sustainability and long-term impact.

SAFETY

Prioritize the safety and well-being of veterans, volunteers, and horses in all activities and interactions.

GRATITUDE

Express gratitude to donors, supporters, and the broader community for their contributions and trust in the organization.



We thank you for your continued support!

Life-Changing, Sustainable Results



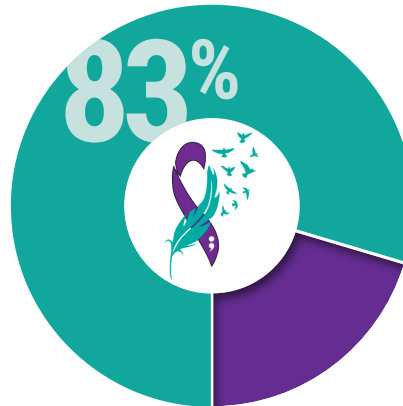
"Post-traumatic growth is not about returning to the same life but rather creating a new life, a life that honors the suffering that brought you here."

★ Dr. Arielle Schwartz

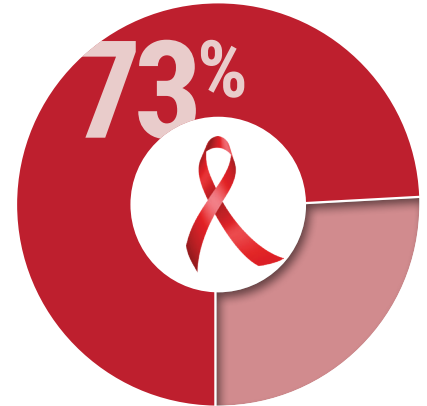


HOW WE HELP ...

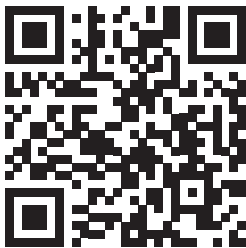
We offer a proven solution. After completing a H.O.O.V.E.S. veteran retreat, attendees report the following improvements:



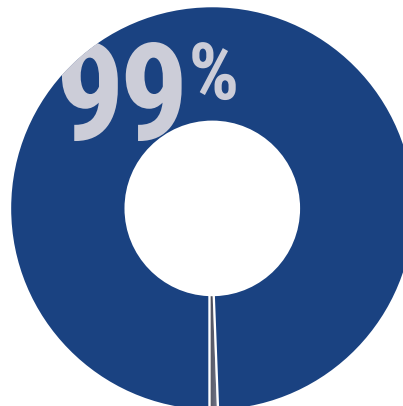
83% REDUCTION
IN SUICIDAL IDEATION



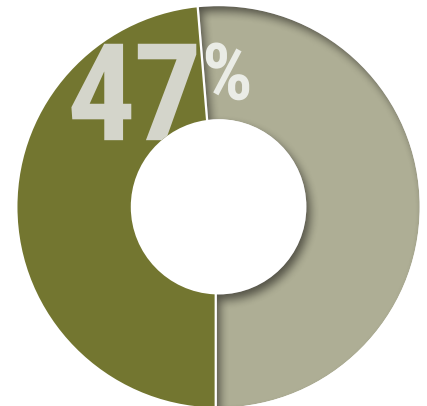
73% REDUCTION
IN SUBSTANCE COPING



Scan for more information
on our program impact



99% REDUCTION
IN SELF-ISOLATION



47% REDUCTION
IN NIGHT TERRORS



We thank you for your continued support!

4-Day Non-Clinical Healing Intensives



SINCE 2017 OUR EXCLUSIVE PROGRAM ...

- ★ **Provided over 28 healing intensives** helping over 220 veterans and 50 spouses.
- ★ **Served veterans from 50 states** across the United States through collaborative partnerships.
- ★ **Saved the lives of over 30 horses** in need of rescue and rehabilitation.



"Driving through the gate at H.O.O.V.E.S. feels like coming back inside the wire."

★ Cory Spychalski,
Army Combat Veteran

ABOUT OUR SANCTUARY ...

From the moment you turn into the driveway you see a peaceful, serene setting. 100 year-old oak trees envelope the sanctuary house, giving shade in the hot summer and beautiful color in the fall. In front, a massive pasture with the Flag of the United States proudly flying in the center.

Our sanctuary house provides a warm, inviting environment that feels like home for our veterans. From cozy accommodations to communal spaces and personalized care, it creates a comforting atmosphere where veterans can immediately feel at ease.

Providing an all-in-one location for veterans to gather and remain together throughout the intensive helps the process of healing.



We thank you for your continued support!

Our Lifblood is from Our Community



Will you help a veteran heal today?

At H.O.O.V.E.S. we have spent over a decade refining our process of being able to reach veterans in the most difficult situations, and helping them transform Post Traumatic Stress into Post Traumatic Growth. Among many other mental and emotional improvements, ten out of every twelve veterans that attend a H.O.O.V.E.S. Retreat report COMPLETELY eliminating thoughts of suicide.

H.O.O.V.E.S. evidence-based process has PROVEN results in saving the lives of our service men and women, and our donors take pride in knowing that every dollar they give does towards saving the life of a veteran.

THANK YOU SPONSORS!

★ PRESIDENTIAL ★ \$20K +

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FOUNDATION
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PAUL & DINA BLOCK
FOUNDATION
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LCVSC
CREDIT ADJUSTMENTS
CAMEO COUNTERTOPS
JUSTEN CARIS
MEMORIAL
DEWESOFT
BETCO
TOLEDO ZOO
BUCKEYE CABLE

★ EXECUTIVE ★ \$10K – \$19K

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CHRISTIANS CORNER
FOUNDATION
TOLEDO COMMUNITY
FOUNDATION
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TAMMY TAPPAN
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★ ASSOCIATE ★ \$5K – \$9K

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ONE VOICE FOUNDATION
CYNAMAR
RON & PAM HUDSON
HUNGRY HEROES
CIC GROUP
SUZANNE SERINO
SAL/AUXILLARY

ALL SERVICES ARE PROVIDED TO VETERANS AND THEIR SPOUSES AT ZERO COST TO THEM.

Sponsor a Veteran:

\$2,500 per retreat
Each hour of healing is \$62.50

Sponsor a Horse:

\$300/month
\$75/weekly

Become a Sustaining Partner:

Join our monthly giving club for
any amount that works for you

Join our Capital Campaign:

Donations of \$5000 and above will
receive a plaque on our Donor Wall



We thank you for your continued support!



We've Got Your Six!

OUR TEAM

Along with our amazing volunteers, this group of professional and caring individuals bring their expertise to our table. From being behind the scenes to being on the front lines, we are thankful for their contributions.



Kelly Griffiths

Director of Operations



Randy Roberts

Director of Safety



Justin Held

Facility Manager
M2F Founder



Olivia Hill

Director of
Volunteer Services



Katy Hubbard

Director of Youth Services



Chris Thieland

Barn Manager



Tim Sixberry

Facilitator



Sarah Hess

Director of Brand Marketing

OUR BOARD OF DIRECTORS

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H.O.O.V.E.S.

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We thank you for your continued support!





Our Impact



"After serving in the Marine Corps and completing five deployments I tried many forms of therapy to treat my PTSD without success. Then, I attended H.O.O.V.E.S. For the first time in 6 years, I have found self-forgiveness, humility, and a new purpose. My life, marriage and career are now in a better place because I am in a better place."

★ John Morrin



"This experience has been truly life changing. H.O.O.V.E.S. helped me to get my life back. It gave me a break from the crippling anxiety I had before that is no longer me. Without this I would not know that I am worthy, secure, and deserving. This opportunity is one I will never forget because it saved my life."

★ Caregiver



"With this program, I have been able to overcome relationships and trauma that have held me back in my life. I am now no longer self-destructive but able to live authentically. This progress is real and actually helpful. Four days here has done more for me than four years in therapy."

★ US Army Veteran

